**Seasons of Change – #1 “Avoid the Fall, Be Humble”**

**AM TWIGS Class – Oct. 4th, 2020 The WALK Sheet**

1. **Look up Mark 10:31 and write what is says:**
2. **Can you think of a time you put yourself last or can you think of an example of this – write about it. If not, is this something you need to work on?**
3. **When Jesus said, “If you want to be great in the kingdom, you must become the servant of all.” Have you ever done something that made you feel like a servant? Write about it.**
4. **Can you see “being a servant” with new eyes? How?**
5. **Jesus said, “Everyone who exalts himself will be humbled, but he who humbles himself will be exalted.” Write in your own words what you think Jesus meant by this.**
6. **This week allow your heart to lead and quiet your ego -do something that demonstrates humility without the need for recognition and write about your experience.**